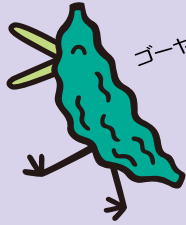
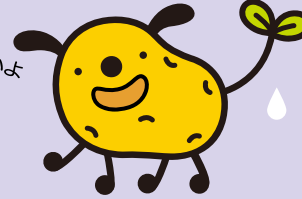
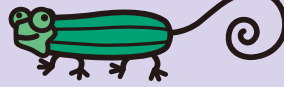


# 6

2019  
June



ゴーヤにはビタミンCがたっぷり！  
しかも熟でこわれにくいよ



memo

sun	mon	tue	wed	thu	fri	sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
<del>23</del> 30	24	25	26	27	28	29

